

Amputee Rehabilitation



Kessler's Amputee Rehabilitation program is a multi-disciplinary program of care. We provide treatment and education for all patients recovering from amputation. Our rehabilitation care team works with the referring physician to develop a treatment plan to meet individual needs. Comprehensive inpatient and outpatient programs are available.

Kessler's Amputee Rehabilitation Program is designed to treat individuals with limb loss through all phases of recovery – from post-surgical care to pre-prosthetic and prosthetic training, and community integration. That means our team of rehabilitation specialists will be here for you every step of the way.

We tailor treatment to your individual needs and goals, and work closely with you and your family to:

- Increase your ability to perform daily physical activities, including transfers and ambulation
- Improve your skills to perform self-care tasks, such as dressing, bathing, grooming and use of assistive devices
- Provide extensive education and training on all aspects of your care, including:
 - » Residual limb care
 - » Safety strategies
 - » Post-surgical precautions
 - » Prosthetic maintenance
 - » Proper nutrition to aid healing
 - » Maintaining your health
 - » Medication management
 - » Avoiding complications
- Support your transition to home, work, school and/or community

A TEAM APPROACH TO TREATMENT

Led by a physiatrist, a board certified physician specializing in physical medicine and rehabilitation, Kessler's amputee rehabilitation team includes rehabilitation nurses, physical and occupational therapists, case managers and other clinical and support staff. Working closely together, we provide:

- Preoperative training to help prepare you for surgery and the recovery process
- Management of medical issues, including post-operative care and any health concerns
- Rehabilitation nursing care, along with education training on wound care, edema management, medication precautions and modifications to help in daily activities
- Physical therapy that targets strength and conditioning, mobility/gait training and the use of ambulation devices, and when ready, the use of a prosthesis

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**For more information
on our Amputee
Rehabilitation
Program, to schedule
a tour or make an
appointment, call the
Admissions
Department at
Kessler's Marlton
campus:
856.988.4106**

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- Occupational therapy that focuses on activities of – including dressing, grooming, bathing, energy conservation, use of assistive devices, upper extremity conditioning and home safety
- Coordination of all aspects of your inpatient stay and discharge planning, including any follow-up services

Throughout your rehabilitation, you will be carefully monitored and your plan of care will be adjusted to ensure that both your needs are being met and you are progressing toward your goals.

AN UNPARALLELED CONTINUUM OF CARE

Kessler's Amputee Rehabilitation Program offers treatment on an inpatient and/or outpatient basis depending on your needs, and any follow-up care will be scheduled with your referring physician upon discharge.

- Inpatient rehabilitation – Patients are admitted to the acute inpatient level of care once they are medically stable and ready to begin an intensive therapy program. Many patients can be transferred to Kessler Institute as early as the second post-operative day.
- Outpatient rehabilitation – This level of care is designed for patients who do not require the intensity of an Inpatient program, or for those who have completed the functional goals established during their inpatient stay. Therapy is typically provided one to five times per week, based on individual needs.