



Each year, more than 25,000 Americans sustain some form of spinal injury or are diagnosed with a neurologic disease that may impact the ability to walk, perform daily activities, communicate or even breathe on their own. They may also face a range of complex psychological, emotional and social issues. Kessler's team of NeuroRehabilitation specialists works to help patients restore strength and confidence, regain or maintain function and mobility, and resume life with confidence and independence.

At Kessler Institute, we understand that having a spinal cord injury or other neurologic condition can change your life forever. That is why we work closely together to deliver a highly integrated NeuroRehabilitation Program that combines medical, nursing and therapy care to address your complex and often changing needs. We also provide the important education, training and, most of all, the support to best prepare you for life ahead.

A TEAM APPROACH TO CARE

Led by a physiatrist, a board certified physician specializing in physical medicine and rehabilitation, our NeuroRehabilitation team draws on the expertise and experience of rehabilitation specialists – nurses, physical, occupational and speech therapists, case managers and other clinical and support staff – to advance your recovery. We tailor treatment to your individual needs and goals, and work closely with you to:

- Improve physical function and mobility
- Develop the skills and strategies to perform daily activities
- Utilize adaptive technologies to facilitate independence at home, work, school and in the community
- Overcome any emotional, psychological or social challenges

Kessler's Marlton campus provides comprehensive care and specialized treatment to advance the outcomes for those with:

- Spinal cord injury
- Spinal tumor
- Spinal infarction
- Spinal stenosis
- Central cord syndrome
- Cauda Equina syndrome
- Brown-Séquard syndrome
- Multiple sclerosis (MS)
- Parkinson's disease
- Guillain-Barré syndrome
- Peripheral neuropathies
- Amyotrophic lateral sclerosis (ALS)
- Upper/lower motor neuron diseases
- Other neurologic conditions

TREATMENT TAILORED TO INDIVIDUAL NEEDS

At Kessler Institute, you and your family will benefit not only from dedicated care and treatment you will receive, but also from training, support and encouragement you will be given. This includes:

- Physician management of your medical needs, as well as any potential secondary health issues, such as spasticity, pain and pressure wounds

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**For more information
on Kessler's
NeuroRehabilitation
Program, to schedule
a tour or make an
appointment, call
the Admissions
Department at
Kessler's Marlton
campus:
856.988.4106**

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- Rehabilitation nursing care that incorporates extensive education on medication management, nutrition, bowel and bladder function, sexuality, maintaining skin integrity, and preventing complications
 - Physical therapy that targets strength and conditioning, balance, mobility and gait, and the use of ambulation equipment as needed, along with advanced technologies and functional electrical stimulation (FES)
 - Occupational therapy that focuses on your ability to perform daily activities such as feeding, dressing, grooming and bathing, as well as home safety and the use of assistive devices
 - Speech therapy to address any communication challenges or swallowing deficits
 - Psychology and neuropsychology services to help you and your family understand and adjust to life ahead
 - Neuro-optometrists to treat any vision difficulties
 - Family education and training to help those closest to you help with your care, reinforce your skills, and maintain your safety
 - Case management to coordinate all aspects of your inpatient stay, discharge planning, access to outpatient and follow-up services, as well as the availability of a wide range of community resources
- Throughout your rehabilitation, you will be carefully monitored and your plan of care will be adjusted to ensure that your needs are being met and you are progressing toward your goals.

AN UNPARALLELED CONTINUUM OF CARE

To help you successfully transition to life at home and in the community, Kessler's NeuroRehabilitation Program delivers a continuum of inpatient through outpatient care and services.

Among the many specialized services we provide are:

- Outdoor mobility court
- Activities of daily living suite
- Therapeutic indoor pool
- Referral service to appropriate resources and support systems
- Home evaluations to ensure the access and safety of your residence
- Wheelchair clinic
- Support groups
- Driving rehabilitation